## DR. TAAKA CASH

## "BE CONTAGIOUS WITH CHANGE"

Dr. Taaka Cash, DNP, MPH, MSN, RN, FPMHNP-BC is certified through the American Nursing Credentialing Center as an Advanced Practice Registered Nurse (APRN) in Child, Adolescent, and Adult Psychiatry with prescriptive authority.

With opening Privy Oasis, LLC in 2013, she is now able to provide a coordinated service that fosters concierge mental health treatment that is safe, effective, patient-centered, timely, efficient and equitable.

Growing up in the medically underserved Mississippi Delta, Taaka personally experienced the unfortunate effects of those lacking mental health support in underserved communities. She watched as family, friends, and neighbors suffered behaviorally, socially, educationally and even physically. Sadly, these everyday battles were mostly the manifestations of very treatable disorders.

Today, she speaks to audiences locally as well as all across the country on mental health issues. Her most requested topic and the inspiration behind her upcoming book is:

## Be Contagious With Change:

Effective Principles and Strategies for Success

- Don't let others define who you are or what you can achieve.
- Don't follow the implicit "Contract with America" that requires you to look, behave and believe in a stereotypical "Black" way and in accordance with those implicit expectations.
- Don't be vulnerable to so called "survivor guilt" and its potentially success-defeating dynamics.
- Realize that there is a role for ethical and spiritual business practices. The road to success can include adherence to the Golden Rule and in answering the following question...am I my brother's keeper?
- Realize that there is a place for God in business. Just not the version that many people appear to believe, i.e. the punitive, jealous and vengeful one.
- Realize there is a distinct difference between being prosperous and being rich.

Dr. Cash is also available for customizable talks based on the needs of your group. If you would like to bring Dr. Cash's powerful message to your live, studio or radio audience, please email: info@DrTaakaCash.com or call 817-488-7771.

You can view and download her entire media kit at: www.DrTaakaCash.com/MediaKit

